Resource: Fidelity to the Intervention

What is fidelity?

Fidelity is the degree to which the program is implemented as intended by the program developer, including the quality of implementation. Fidelity is a multi-dimensional construct that is comprised of five main aspects: adherence, exposure, quality of delivery, program specificity, and student engagement.

- Fidelity = Consistency and Accuracy
- Fidelity = Integrity

Fidelity checks are not considered evaluative; rather, they should create open communication and productive feedback by providing teachers with opportunities to learn and collaborate.

Why is fidelity important?

- Ensures that instruction has been implemented as intended
- Helps link student outcomes to instruction
- Helps in the determination of intervention effectiveness, and in instructional decision-making

How can we ensure that we deliver the intervention with fidelity?

- Ensure that the person delivering the intervention is adequately trained
- Adhere to the instructional procedures of the practice or program (e.g., follow the script, implement among groups of the correct size).
- Implement the practice or program as frequently as recommended (e.g., daily, three times per week).
- Implement the practice or program for the recommended duration (e.g., 12 weeks, one semester).
- Skillfully implement the instructional procedures to ensure student engagement.
- Use the appropriate fidelity checklist for your intervention or strategy and monitor your implementation efforts.